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What is the Aggir grid?

Verified 13 février 2020 - Directorate of Legal and Administrative Information (Prime Minister), National Solidarity Fund for Autonomy (CNSA)

The Aggir national grid (Autonomy Gérontologie Groupe Iso Ressources) allows to measure the degree of loss of autonomy of the applicant of the personalized autonomy allowance (Apa). It is used to determine whether the applicant is entitled to the Apa and, if so, the level of assistance he needs. Degrees of loss of autonomy are classified in 6 *iso-resource groups* (Gir). Each Gir corresponds to a level of need for help in carrying out the essential acts of daily life.

What is it about?

The Aggir grid is used as part of an application [Custom Autonomy Allocation \(Apa\)](https://www.service-public.fr/particuliers/vosdroits/F10009?lang=en) (<https://www.service-public.fr/particuliers/vosdroits/F10009?lang=en>).

It measures the capacity of the elderly person to:

- 10 bodily and mental activities *discriminatory activities*,
- and 7 domestic and social activities *illustrative activities*.

Only 10 *discriminatory activities* are used to determine the *iso-resource group* (Gir) to which the elderly person is responsible.

7 *illustrative activities* are intended to provide additional information to the assessor to better understand the person's overall situation.

The Aggir grid is integrated into an evaluation framework that collects all the information needed to develop the elderly's assistance plan.

Video: How is autonomy assessed?

Credits : www.pour-les-personnes-agees.gouv.fr, site of the National Solidarity Fund for Autonomy (CNSA)

[See text version](#)

Video title: how is autonomy evaluated?

Image description: In her living room, Jacqueline is playing cards with her daughter, Sophie. On his perch, Coco, Jacqueline's parrot.

Voice-over: Sophie made an APA request for her mother, Jacqueline. The APA is the custom autonomy allocation.

Image description: 'APA' appears in the image. Someone is knocking on the door.

Voice-over: Valentin, a professional of the departmental council, comes to make a visit to assess the needs of the situation and Jacqueline. It will also assess its level of autonomy, called the IRM. It uses the evaluation grid common to all departments.

Image description: With documents in hand, Valentin asks questions to Jacqueline, under the watchful gaze of the parrot. They are successively in 3 different rooms: the bathroom, the kitchen, and the bedroom.

Voice-over: There are 6 IRMs.

Image description: Autonomy level 'GIR 1, 2, 3, 4' appears in the image, followed by an arrow and 'APA'

Voice-over: If you are in GIR1, GIR2, 3 or 4, you need a lot of help in everyday life. You therefore have the right to have the APA to cover all or part of the costs.

Image description: The preceding entries shall be deleted and replaced by:

'GIR 5, 6' followed by a 'Pension Fund' arrow

Voice-over: If you are in IRM 5 or IRM 6, you may be able to get some help from your pension fund.

Image description: In front of the front door, Valentin says goodbye to Jacqueline and Sophie, as well as to the parrot who makes him cuckoo with his wing. Everyone smiled.

Voice-over: Isn't that Coco?

Activities assessed

Physical and mental activities (so-called "discriminating")

- To communicate verbally and/or non-verbally, to act and behave in a logical and sensible way in relation to the standards accepted by society
- Find your way in space and time
- Make toilet
- Dress, undress
- Serving and eating
- Ensuring hygiene of urinary and fecal elimination
- Stand up, lie down, sit down, move from one of these 3 positions to another
- Move within the living space
- Move outside the living area
- Use a means of remote communication (telephone, alarm, bell, etc.) to alert when needed

Domestic and social activities (so-called "illustrative")

- Prepare meals and package them so they can be served
- Manage your business, budget and assets, recognize the monetary value of coins and notes, use money and know the value of things, perform administrative procedures, fill out forms
- Perform all routine household work
- Use a collective or individual means of transport voluntarily
- Voluntary purchase of goods
- Respect the doctor's prescription and manage his treatment yourself
- Volunteer, alone or in a group, various leisure activities

Ranking in a Gir group

Depending on the degree of loss of independence, the elderly person is classified in a *iso-resource group* (Gir).

There are 6 Gir:

- Only Gir 1 to 4 are entitled to Apa (<https://www.service-public.fr/particuliers/vosdroits/F10009?lang=en>).
- The person under Gir 5 or 6 cannot be entitled to the Apa. She can ask for home help or a help from her pension fund (<https://www.service-public.fr/particuliers/vosdroits/F245?lang=en>).

Meaning of the Gir to which the person is attached

Gir ()	Degrees of dependence
Gir 1	- Person confined to bed or chair, whose mental functions are seriously impaired and who requires an indispensable and continuous presence of speakers - or person at the end of his life
Gir 2	- Person confined to bed or chair, whose mental functions are not completely altered and whose condition requires care for most of the activities of daily life - or a person whose mental functions are impaired, but who is able to move and who requires constant surveillance
Gir 3	A person who has maintained mental autonomy, partially self-driving autonomy, but who needs bodycare assistance on a daily basis and several times a day
Gir 4	- No one who does not take care of his transfers alone, but who, once raised, can move within his dwelling, and who needs help with toilet and dressing - or a person who does not have locomotor problems but who needs help with body care and meals
Gir 5	Person who only needs one-time help with toilet, meal preparation and cleaning
Gir 6	Person still autonomous for the essential acts of everyday life

Change of Gir

If your health situation requires it, you can request a reassessment of your situation, by letter addressed to the department's services.

Who shall I contact

Specify your city or postcode. The choice of a municipality in the suggestion list will automatically trigger an update of the content

- **Department Services** (<https://annuaire.service-public.fr/recherche?whoWhat=Conseil+d%C3%A9partemental&where=>)

If you were classified as Gir 5 or Gir 6 on a previous Apa application, and your health now requires a classification in another Gir, you can file a new one **allocation request** (<https://www.service-public.fr/particuliers/vosdroits/F10009?lang=en>).

Statute and miscellaneous references

- **Social Action and Family Code: Articles R232-1 and R232-6** [↗](http://www.legifrance.gouv.fr/affichCode.do?idSectionTA=LEGISCTA000006190052&cidTexte=LEGITEXT000006074069) (<http://www.legifrance.gouv.fr/affichCode.do?idSectionTA=LEGISCTA000006190052&cidTexte=LEGITEXT000006074069>)

For more information, please contact

- **How is your Gir calculated? (version "Easy to read and understand")** [↗](https://www.pour-les-personnes-agees.gouv.fr/comment-votre-gir-est-il-calculé/facile-a-lire) (<https://www.pour-les-personnes-agees.gouv.fr/comment-votre-gir-est-il-calculé/facile-a-lire>)
National Solidarity Fund for Autonomy (CNSA)
- **Apa: how your needs are studied (version "Easy to read and understand")** [↗](https://www.pour-les-personnes-agees.gouv.fr/comment-vos-besoins-sont-ils-etudiés-quand-vous-demandez-lapa/facile-a-lire) (<https://www.pour-les-personnes-agees.gouv.fr/comment-vos-besoins-sont-ils-etudiés-quand-vous-demandez-lapa/facile-a-lire>)
National Solidarity Fund for Autonomy (CNSA)
- **Aggir Guide (PDF - 0)** [↗](https://www.cnsa.fr/documentation/guide_aggir_2008.pdf) (https://www.cnsa.fr/documentation/guide_aggir_2008.pdf)
National Solidarity Fund for Autonomy (CNSA)