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Trainee foreigner and Au pair

Verified 01 janvier 2022 - Legal and Administrative Information Directorate (Prime Minister)

The foreigners family helper trainee is a young European foreigner who came to France to study. The young au pair is non-European. He came to France to deepen his linguistic skills and knowledge of France.

European Youth

The foreigners family helper trainee is a young European foreigner who came to France to study. It is hosted by a host family. In return, he carries out family or household tasks (childcare, small housework...). This arrangement should not be confused with that of the au pair who is covered by the individual employer's collective agreement.

What's that about?

The foreigner family support trainee is housed at a family home. In return for food and accommodation, he performs routine household or household tasks (e.g. childcare, housework).

He has enough time to attend his classes.

Who can be an Intern Family Support?

To be a foreigner Family Support Intern, you must meet all of the following conditions:

- Age 17 to 30
- Be European
- Be enrolled in specialised foreigners courses

An agreement must be concluded with a host family.

Should we sign a convention?

The reception of a foreigner family support trainee shall be subject to an agreement between the trainee and the host family, which shall be established by means of a form.



Agreement between the au pair and the host family

Cerfa n° 15973*01 - Ministry of the Interior

Go to
form(pdf - 610.4 KB) 
(https://www.formulaires.service-public.fr/gf/cerfa_15973.do)

This Convention defines the following:

- Rights and obligations of each party, including the conditions of reception of the trainee (individual room or not for example)
- Benefits due
- Working hours
- Conditions of Remuneration

It shall be established before the trainee has left his/her country of origin.

How long is the welcome period?

The welcome period is 3 months to 1 year. It can be extended up to 2 years maximum.

What are the working hours and leave entitlements?

The trainee's working time is a maximum of 5 hours per day.

His working hours shall be arranged so as to enable him to follow the courses to which he is enrolled to the best of his ability.

It has a full day of rest every week, including at least one Sunday every month.

Is the Intern with Family Support Paid?

It is customary for the foreigner family support trainee to be housed and fed. He must receive a monthly sum of pocket money generally between €282.00 and €338.40.

What are the social protection and contribution obligations?

The foreigner Family Care Trainee is affiliated with the General Social Security Scheme (sickness, maternity, occupational accidents, basic pension). It is also covered by the employer's employee supplementary pension fund (IRCEM).

Only the host family is liable for the contributions.

Contributions shall be calculated on a flat-rate basis:

- ▶ That is 13 times the hourly smic (effective at 1^{to} calendar quarter) per week (€136.24)
- ▶ 56 times the hourly smic per month (€586.88)

Should I make a statement?

The family that receives a foreigner family support trainee must declare it by means of a form.



Declaration of Employment of a Family Job

Cerfa n° 11469*03 - Ministry of Finance

Go to
form(pdf - 68.8 KB) [↗](https://www.formulaires.service-public.fr/gf/cerfa_11469.do)
(https://www.formulaires.service-public.fr/gf/cerfa_11469.do)

The family must send the form to the Urssaf home within 8 days of the reception.

Who shall I contact

- ▶ [Urssaf](http://www.contact.urssaf.fr/categorie.do) [↗](http://www.contact.urssaf.fr/categorie.do) (<http://www.contact.urssaf.fr/categorie.do>)

If this is a 1^{re} declaration, this form is also an application for registration. If the trainee does not have a social security number, this form is equivalent to the application for registration to social security.

Then, each quarter, the Urssaf sends the host family a simplified nominative declaration (DNS) to complete. It is used to calculate contributions. In the light of this declaration, the Urssaf sends a notice of due contributions.

What to do in case of litigation?

In the event of a dispute between the trainee and the host family, the court is required.

Who shall I contact

- ▶ [Court](https://www.justice.fr/recherche/annuaires) [↗](https://www.justice.fr/recherche/annuaires) (<https://www.justice.fr/recherche/annuaires>)

Other

The au pair is a young non-European foreigner who came to France to deepen his language skills and his knowledge of France. It is housed by a host family for which it performs family or household tasks (child care, small housework for example). This arrangement should not be confused with that of the au pair who is covered by the individual employer's collective agreement.

What's that about?

The au pair is housed in a family home. In return for food and accommodation, he performs routine household or household tasks (e.g. childcare, housework).

He has sufficient time to take courses or participate in activities that allow him to improve his language skills and knowledge of France.

Who can be young au pair?

To **young au pair** (<https://www.service-public.fr/particuliers/vosdroits/F15813?lang=en>), all the following conditions must be met:

- Age 18 to 30
- Foreign nationality outside the European Union
- Being of a nationality different from the host family with which he has no relation
- Prove that he has a basic knowledge of the French language, or that he has a secondary level of education or professional qualifications

An agreement must be concluded with a host family.

Should we sign a convention?

The reception of an au pair results in an agreement between the au pair and the host family established by means of a form.



Agreement between the au pair and the host family

Cerfa n° 15973*01 - Ministry of the Interior

Go to
form(pdf - 610.4 KB) [↗](https://www.formulaires.service-public.fr/gf/cerfa_15973.do)
(https://www.formulaires.service-public.fr/gf/cerfa_15973.do)

This Convention defines the following:

- Rights and obligations of each party, in particular the conditions of reception of the au pair (single room, private bathroom or not, etc.)
- Activities and tasks performed by the Au pair
- Working hours
- Conditions of Remuneration

It must be established before the au pair has left their country of origin. He will have to send it to the French Consulate in support of his application for a long-stay visa **au pair**. (<https://www.service-public.fr/particuliers/vosdroits/F15813?lang=en>)

How do I apply for a visa?

Young au pair must file their application for a long-stay visa **young au pair** (<https://www.service-public.fr/particuliers/vosdroits/F15813?lang=en>) (not more than 3 months before the scheduled departure) with the French consular authorities of the country where he lives:



Apply for a visa

Ministry for Europe and Foreign Affairs

Go to
online service [↗](https://france-visas.gouv.fr/web/france-visas/ma-demande-en-ligne)
(<https://france-visas.gouv.fr/web/france-visas/ma-demande-en-ligne>)


Who shall I contact

- **Visa Service (French Embassy/Consulate in the foreigner)** [↗](https://france-visas.gouv.fr/web/france-visas/ma-page-pays?caller=depotVisas) (<https://france-visas.gouv.fr/web/france-visas/ma-page-pays?caller=depotVisas>)


This long-stay visa, valid as a residence permit (VLS-TS), relieves him from applying for a residence card in prefecture upon arrival in France.

Within 3 months of his arrival in France, he will have to validate his VLS-TS and pay a fee in addition to the visa fees.

The online approach allows you to regular stay and to be able to cross the Schengen Area (<https://www.service-public.fr/particuliers/vosdroits/F12189?lang=en>).

 Validate a long-stay visa valid as a residence permit (VLS-TS) and pay the fee

Ministry of the Interior

Go to
online service 
(<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>)

How long is the welcome period?

The welcome period is 3 months to 1 year. It can be extended up to 2 years maximum.

What are the working hours and leave entitlements?

The maximum weekly time spent on family tasks is **25 hours per week**.

The au pair must have the time to attend courses in the disciplines of his choice. He must have at least one full day of rest every week

Is the au pair paid?

The au pair must be housed and fed. A minimum monthly payment of €320 pocket money.

What are the social protection and contribution obligations?

The au pair is affiliated with the general social security scheme (sickness, maternity, accidents at work, basic pension). It is also covered by the employer's employee supplementary pension fund (IRCEM).

Only the host family is liable for the contributions.

Contributions shall be calculated on a flat-rate basis:

- That is 13 times the hourly smic (effective at 1st calendar quarter) per week (€136.24)
- 56 times the hourly smic per month (€586.88)

Should I make a statement?

The family that welcomes an au pair must declare it by means of a form.



Declaration of Employment of a Family Job

Cerfa n° 11469*03 - Ministry of Finance

Go to
form(pdf - 68.8 KB) 
(https://www.formulaires.service-public.fr/gf/cerfa_11469.do)

The host family must send the form to the Urssaf home within 8 days of the reception.

Who shall I contact

- Urssaf  (<http://www.contact.urssaf.fr/categorie.do>)

If this is a 1st declaration, this form is also an application for registration. If the au pair does not have a social security number, this form is equivalent to applying for social security registration.

Then, each quarter, the Urssaf sends the host family a simplified nominative declaration (DNS) to complete. It is used to calculate contributions. In the light of this declaration, the Urssaf sends a notice of due contributions.

What to do in case of litigation?

In the event of a dispute between the au pair and the host family, the court is required.

Who shall I contact

- **Court** [↗ \(https://www.justice.fr/recherche/annuaires\)](https://www.justice.fr/recherche/annuaires)

Statute and miscellaneous references

- European Agreement of 24 November 1969 on au pair (PDF - 108.2 KB) [↗ \(https://rm.coe.int/CoERMPublicCommonSearchServices/DisplayDCTMContent?documentId=0900001680072357\)](https://rm.coe.int/CoERMPublicCommonSearchServices/DisplayDCTMContent?documentId=0900001680072357)
- Directive (EU) 2016/801 of 11 May 2016 on the conditions of entry and residence of third-country nationals for: research, studies, training, volunteering and au pair [↗ \(https://eur-lex.europa.eu/legal-content/FR/TXT/?uri=CELEX%3A32016L0801\)](https://eur-lex.europa.eu/legal-content/FR/TXT/?uri=CELEX%3A32016L0801)
- Ministerial Order of 22 October 1985 fixing the social security contributions payable for the employment of trainees with family support [↗ \(https://www.legifrance.gouv.fr/loda/id/JORFTEXT000000295958/\)](https://www.legifrance.gouv.fr/loda/id/JORFTEXT000000295958/)
- Ministerial Response No. 21105 of 18 May 2006 on the situation of families employing au pair foreigners [↗ \(http://www.senat.fr/questions/base/2006/qSEQ060121105.html\)](http://www.senat.fr/questions/base/2006/qSEQ060121105.html)
- Social Security Code: Articles L133-5-6 to L133-5-12 [↗ \(https://www.legifrance.gouv.fr/codes/id/LEGIARTI000033812390\)](https://www.legifrance.gouv.fr/codes/id/LEGIARTI000033812390)
Simplified reporting and collection of contributions and social contributions (L133-5-6, 6°)
- Code on the entry and residence of foreigners and the right of asylum: Article L426-22 [↗ \(https://www.legifrance.gouv.fr/codes/section_lc/LEGITEXT000006070158/LEGISCTA000042771906/\)](https://www.legifrance.gouv.fr/codes/section_lc/LEGITEXT000006070158/LEGISCTA000042771906/)
Temporary residence card with a token entry
- Decree n°2019-141 of 27 February 2019 [↗ \(https://www.legifrance.gouv.fr/affichTexte.do?cidTexte=JORFTEXT000038175520&dateTexte=20190322\)](https://www.legifrance.gouv.fr/affichTexte.do?cidTexte=JORFTEXT000038175520&dateTexte=20190322)
Decree issued for the application of Law No. 2018-778 of 10 September 2018 for controlled immigration, effective right of asylum and successful integration and laying down various provisions on residence and integration of foreigners
- Decree of 4 March 2019 on the residence of au pair [↗ \(https://www.legifrance.gouv.fr/jorf/id/JORFTEXT000038196382\)](https://www.legifrance.gouv.fr/jorf/id/JORFTEXT000038196382)
order establishing the convention

Online services and forms

- Search for an approved agency to find a foreigner family support intern [↗ \(https://www.service-public.fr/particuliers/vosdroits/R51390?lang=en\)](https://www.service-public.fr/particuliers/vosdroits/R51390?lang=en)
Search
- Agreement between the au pair and the host family [↗ \(https://www.service-public.fr/particuliers/vosdroits/R18919?lang=en\)](https://www.service-public.fr/particuliers/vosdroits/R18919?lang=en)
Form
- Declaration of Employment of a Family Job [↗ \(https://www.service-public.fr/particuliers/vosdroits/R1354?lang=en\)](https://www.service-public.fr/particuliers/vosdroits/R1354?lang=en)
Form

For more information, please contact

- Trainee foreigner [↗ \(https://www.urssaf.fr/portail/home/particulier-employeur/particulier-employeur-et-salarie/stagiaire-aide-familial-etranger.html\)](https://www.urssaf.fr/portail/home/particulier-employeur/particulier-employeur-et-salarie/stagiaire-aide-familial-etranger.html)
Urssaf
- Trainee Family Support foreigner: contribution rate [↗ \(https://www.urssaf.fr/portail/home/taux-et-baremes/taux-de-cotisations/les-employeurs/particulier-employeur/taux-et-salaire-minimum-stagiair.html\)](https://www.urssaf.fr/portail/home/taux-et-baremes/taux-de-cotisations/les-employeurs/particulier-employeur/taux-et-salaire-minimum-stagiair.html)
Urssaf
- Site of an Individual's Employee Supplementary Retirement Fund (EMWRI) [↗ \(http://www.ircem.com\)](http://www.ircem.com)
Supplementary Retirement Fund - Employees of Individual Employers (Icem)
- Urssaf site [↗ \(http://www.urssaf.fr\)](http://www.urssaf.fr)
Urssaf